

Staining Cells with Extracts Prepared from Flowers of *Bougainvillea X Buttiana*.

Journal of Histochemistry and Cell Biology@SJHR-Africa

Paul Towet^{a,1,2}

^a Department of Health Sciences, University of Kisubi,
Kisubi, Uganda

Abstract Background:

Staining is the application of dyes to specimens to impart colour to cells through a chemical reaction. The study aimed at finding plant extracts to stain human blood cells, stem sections of *Amaranthus* species, Gram-negative organisms such as *Escherichia coli*, and Gram-positive organisms such as *Staphylococcus aureus*.

Methodology:

Healthy mature flowers of *Bougainvillea X buttiana* and *Amaranthus* species plants were picked from gardens around the University of Kisubi. Bracts of *Bougainvillea X buttiana* were separated from other flower parts and air-dried. Both negative and positive controls for cells were prepared.

Results:

White blood cells, platelets, and cells of *Escherichia coli* and *Staphylococcus aureus* did not stain under all treatments with the extracts while human red blood cells and stem sections of *Amaranthus* species stained under certain treatments with the extracts. The extracts were more successful in staining stem sections of *Amaranthus* species as compared to human red blood cells where staining occurred in very few circumstances. Stem sections of *Amaranthus* species required shorter durations to stain effectively while human red blood cells required longer durations to stain effectively.

Conclusion:

Extracts of the bracts of *Bougainvillea X buttiana* can be experimented with various cells when their pH is neutral and alkaline.

1 Introduction

Staining is the application of dyes to specimens to impart colour to cells through a chemical reaction (Talaro *et al.*, 2002). According to staining theory, acidic structures are stained by basic dyes while basic structures are stained by acidic dyes (Cheesebrough *et al.*, 2006). Several parts of plants contain pigments some of which provide visual cues to pollinators and seed dispersers (Vargas *et al.*, 2000). Such pigments are what previous researchers used to stain cells. In all studies, plant materials were dried to remove free water to concentrate their pigments. According to Vargas *et al.*, (2014) plant pigments in the colour spectrum consisting of blue, red, pink, orange, and purple are anthocyanins and are more stable in conditions of low pH, low temperature, and low light intensity. Previous researchers have tried to stain different types of cells such as renal biopsies (Raheem *et al.*, 2015) and stem sections of Hibiscus (Deepali *et al.*, 2014). In this study, *Escherichia coli* and *Staphylococcus aureus* cells stem sections of *Amaranthus* species and human blood cells were stained. *Escherichia coli* is Gram-negative bacteria, fastidious and lactose ferment-

¹Corresponding author.

²E-mail: towetp@gmail.com

ing while *Staphylococcus aureus* is Gram-positive, coagulase-positive, and catalase-positive. *Amaranthus* species are vascular plants common in Uganda and are used in schools as laboratory specimens for studying cells and tissues of higher plants. Human blood cells included red blood cells, platelets, and white blood cells. Raheem *et al.*, (2015) used pure water extracts of *Hibiscus sabdariffa* to stain the cytoplasm and extracellular elements of tissue sections instead of eosin and the results were impressive. The disadvantage they noticed with their extracts was that a long duration of staining was required to obtain better results. Deepali *et al.*, (2014) reported that aqueous extracts from plant materials stained the cytoplasm and organelles of *Paramecium* very effectively and from those observations, they estimated that aqueous extracts from plant materials are acidic. It was reported that extracts of *Bougainvillea glabra* were as good as safranin dye at staining histological specimens of plants as they were found to stain vascular bundles and xylem cells effectively but stained the cortex and medulla less effectively, Deepali *et al.*, (2014) concluded their study by reporting that *Bougainvillea glabra* showed the best results for fungal and plant tissue staining whereas extracts from rose, hibiscus and henna were used instead of eosin and were very successful in staining animal tissues in combination with hematoxylin. Raheem *et al.*, (2015) performed a study at Port Sudan Ahlia College; Port Sudan, Sudan in which they used *Hibiscus sabdariffa* extracts to stain renal histological sections as compared to Hematoxylin-Eosin routine stain. They stained paraffin-embedded formalin-fixed renal sections using *Hibiscus sabdariffa* extracts at different concentrations and durations at room temperature. They got their best results when they used 5% *Hibiscus sabdariffa* solution for one hour and concluded that 5% *Hibiscus sabdariffa* solution could substitute eosin in the hematoxylin and eosin routine stain for histological sections.

Most conventional laboratory biological stains such as crystal violet and other synthetic chemicals pollute the environment (Ratna & Padhi, 2012). These pose a challenge to laboratory waste management. There is growing interest worldwide to study and develop environmentally friendly biological stains using plant materials (Deepali *et al.*, 2014). Some of the plant materials which have been used include Henna leaves, Madder stems, and flowers of *Hibiscus* and *Bougainvillea glabra* (Deepali *et al.*, 2014). Raheem *et al.*, (2015) did study in Sudan at Port Sudan University to stain biopsies with extracts of *Hibiscus*. At the time of performing this study, the researcher had not come across Ugandan work where extracts of plant materials have been used to stain cells. Floral extracts of *Bougainvillea glabra* were effective at staining *Paramecium*, vascular bundles, and biopsies Deepali *et al.*, (2014). Flower extracts contain anthocyanin molecules which are natural colorants (Delgado, 2000) Anthocyanins range in colour from orange, pink, red, and violet to blue and are most conspicuous in flowers and fruits of vascular plants and are known to be harmless and water-soluble (Vargas, 2000). The study aimed to determine if acidified ethanol extracts prepared from bracts of *Bougainvillea X buttiana* can stain bacterial cells of *Escherichia coli* and *Staphylococcus aureus*, thick and thin films of human blood, and stem sections of *Amaranthus* species. The findings of this study make an important contribution to the promotion, development, and use of environmentally friendly biological stains prepared from the bracts of *Bougainvillea X buttiana*. These findings can also guide other researchers in similar studies.

2 Methodology

Specimen collection:

Healthy mature flowers of *Bougainvillea X buttiana* and *Amaranthus* species plants were picked from gardens around the University of Kisubi. Presses of both *Bougainvillea X buttiana* and *Amaranthus* species were also prepared. *Escherichia coli* and *Staphylococcus aureus* were cultured on nutrient agar plates by sub-culturing from stock plates kept in the microbiology laboratory of the University of Kisubi. A venous blood sample was obtained from a participant who agreed to provide informed consent in writing.

Drying the bracts of *Bougainvillea X buttiana*

Bracts of *Bougainvillea X buttiana* were separated from other flower parts and air-dried on a sheet of polythene in a dark, cool, dry room in the teaching laboratories where the study was done. They were allowed to dry to a constant weight in five days.

Preparation of extraction solvents

Acidified (50%) ethanol (100 ml) was prepared by pipetting concentrated hydrochloric acid (100 μ l), followed by 52.63 ml of ethanol (95%) and made up to 100 ml with distilled water. Acidified (absolute) ethanol (100 ml) was prepared by pipetting concentrated hydrochloric acid (100 μ l) into a measuring cylinder followed by 99.9 ml of absolute ethanol.

Preparation of acidified ethanol extracts of the bracts of *Bougainvillea X buttiana*

The infusion technique was used to prepare acidified ethanol extracts of the bracts of *Bougainvillea X buttiana* (Handa *et al.*, 2008). Infusion separates soluble compounds from insoluble cellular marc. The principle of infusion is that the extraction solvent softens and breaks plant cell walls to release soluble phytochemicals (Handa, 2008).

Different concentrations of acidified ethanol extracts of the bracts of *Bougainvillea X buttiana* were prepared to stain cells. The air-dried bracts of *Bougainvillea X buttiana* were ground in a blender forming tiny particles to the extent of forming a powder. The different concentrations were prepared by infusing one g, 1.5 g, five g, and 10 g of air-dried bracts of *Bougainvillea X buttiana* ground into very small parts in a blender using acidified (50%) ethanol (100 ml). The pH of the prepared extracts varied between 3.3 and 4.6.

Bougainvillea X buttiana bracts powder was weighed according to set values. The powder was transferred into extraction solvents (100 ml) and stoppered. A piece of cotton wool was used to stopper each conical flask containing contents. The set-ups were placed in a dark, cool, and dry chamber and left to infuse for 1 hour (Sabarudin *et al.*, 2006). Contents were separated using a strainer to obtain extracts in the beakers and leaving behind the marc in the strainer. The extracts were further purified, and the pH of the extracts was then determined. These were stored in a dark, cool, and dry chamber awaiting use in experiments. These procedures were conducted following the procedure of Sabarudin *et al.*, (2016).

Preparation of controls.

The controls for *Amaranthus* species sections, smears of *Escherichia coli* and *Staphylococcus aureus*, and thin and thick films of blood were prepared.

Negative control for *Amaranthus* species

Amaranthus species negative control section was prepared by making a thin freehand transverse section of the stem using a razor blade. The sections were placed on a microscope slide and preserved with a drop of glycerol (30%) using a Pasteur pipette. A coverslip was placed on the preparation and examined under a microscope using 5X and 10X objectives, respectively. The section was seen to be unstained but cells were visible though the level of contrast was low. The control slide was kept for further use.

Positive control for *Amaranthus* species

Amaranthus species positive control section was prepared by making a thin freehand transverse section of *Amaranthus* species using a razor blade. The section was immersed in a Petri dish containing methylene blue stain and left to stain for one minute. The section was transferred to a microscope slide where glycerol (30%) was added. It was examined microscopically using the 5X and 10X objectives respectively. It was kept for further use.

Negative control for *Staphylococcus aureus*

Negative controls of *Staphylococcus aureus* were prepared by putting a drop of distilled water on each microscope slide using a Pasteur pipette. *Staphylococcus aureus* cells were picked from a colony of *Staphylococcus aureus* on a nutrient agar plate using an applicator stick and applied to the drop of distilled water on a microscope slide, mixed and spread to form a smear. The smear was air-dried on a flat horizontal surface on the laboratory bench. The smear was heat fixed using a Bunsen burner flame and left to cool after which immersion oil was added to the smear and it was examined using the immersion oil objective. The smear was seen to be unstained and no organisms were seen. After examination, the immersion oil was removed from the smear and the control smear was kept for further use.

Positive control for *Staphylococcus aureus*

The positive control for *Staphylococcus aureus* was made by preparing a microscope slide and adding a drop of distilled water to it. Cells of *Staphylococcus aureus* were picked from a nutrient agar plate using an applicator stick and applied on a microscope slide in a drop of distilled water, mixed, and spread to form smears. The smear was air-dried on a flat horizontal surface on the laboratory bench. The smear was heat

fixed using a Bunsen burner flame and left to cool on a staining rack where it was flooded with methylene blue and left to stain for one minute (Cheesebrough *et al.*, 2006). The smear was rinsed with distilled water, blot dried with tissue paper, and examined under a microscope using the immersion oil objective. The control smear was kept for further use.

Negative control for *Escherichia coli*

Negative controls of *Escherichia coli* were prepared by putting a drop of distilled water on each microscope slide using a Pasteur pipette. *Escherichia coli* cells were picked from a colony of *Escherichia coli* on a nutrient agar plate using an applicator stick and applied to the drop of distilled water on the slide, mixed, and spread to form a smear. The smear was air-dried on a flat horizontal surface on the laboratory bench. The smear was heat fixed using a Bunsen burner flame and left to cool after which immersion oil was added to the smear and it was examined using the immersion oil objective. After examination, the immersion oil was removed from the slide and it was kept for further use.

Positive control for *Escherichia coli*

The positive control for *Escherichia coli* was made by preparing a microscope slide and adding a drop of distilled water to it. Cells of *Escherichia coli* were picked from a nutrient agar plate using an applicator stick and applied on a microscope slide in a drop of distilled water, mixed, and spread to form smears. The smear was air-dried on a flat horizontal surface on the laboratory bench. The smear was heat fixed using a Bunsen burner flame and left to cool on a staining rack where it was flooded with methylene blue to stain for one minute (Cheesebrough *et al.*, 2006). The smear was rinsed with distilled water, blot dried with tissue paper, and examined under a microscope using the immersion oil objective. The cells appeared as blue rods. Immersion oil was removed and the smear was kept for further use.

Negative control for thin blood films

The negative control for thin blood films was prepared by putting a drop of whole blood on one end of a microscope slide using a Pasteur pipette. Another microscope slide was used as a spreader to make a thin film (Cheesebrough *et al.*, 2006). The thin blood film was air-dried on a flat horizontal surface on the laboratory bench. The air-dried film was fixed using absolute methanol for two minutes (Cheesebrough *et al.*, 2006). The film was allowed to dry and immersion oil was applied to it and it was examined using the immersion oil objective of the microscope. The blood cells were observed to have not stained. Immersion oil was removed and the film was kept for further use.

Positive control for thin blood films

The positive control was prepared by putting a drop of whole blood on one end of a microscope slide using a Pasteur pipette. Another microscope slide was used as a spreader to make a thin film (Cheesebrough *et al.*, 2006). The thin blood film was air-dried on a flat horizontal surface on the laboratory bench. The air-dried film was fixed in absolute methanol for two minutes (Cheesebrough *et al.*, 2006) and stained with Field's stain B for 1 minute. The slide was rinsed in clean water and air-dried. Immersion oil was applied and the slide was observed under a microscope using the immersion oil objective. Red blood cells appeared pink. The control slide was kept for further use.

Negative control for thick blood films

The negative control for thick blood films was prepared by putting a drop of whole blood on a microscope slides using a Pasteur pipette and spread it to form a thick film. The film was thoroughly air-dried on a flat horizontal surface on the laboratory bench (Cheesebrough *et al.*, 2006). The air-dried film was dipped in distilled water for five seconds, rinse in distilled water, and air-dried. Immersion oil was applied to the microscope slide, it was examined using the immersion oil objective and it was observed to have not stained. Immersion was removed and the slide was kept for further use.

Positive control for thick blood films

The positive control was prepared by putting a drop of whole blood on a microscope slide using a Pasteur pipette and spread it to form a thick film (Cheesebrough *et al.*, 2006). The film was air-dried and stained with distilled water and air-dried on a microscope slide drying rack. Immersion oil was applied to dried films and they were observed under the microscope using the immersion oil objective along with both negative and positive control films. Subsequent thick blood films were stained following the above procedure. The subsequent blood films were stained with extracts prepared using 1.5 g of *Bougainvillea*

X buttiana bracts and 100 ml acidified ethanol (50%), 5g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%), 10g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%) and 10 g of *Bougainvillea X buttiana* bracts and 100 ml acidified absolute ethanol.

Staining cells with extracts of *Bougainvillea X buttiana*

Smears of *Escherichia coli* and *Staphylococcus aureus*, thick and thin films of blood, and transverse sections of stems of *Amaranthus* species were stained with extracts of *Bougainvillea X buttiana*. The extracts were prepared using acidified ethanol (50%) and acidified absolute ethanol. Acidified absolute ethanol was used to prepare extracts only with 10 g of bracts of *Bougainvillea X buttiana* which were processed to very small particles using a blender. While acidified ethanol (50%) was used to prepare extracts with 1 g, 1.5 g, 5 g, and 10 g of bracts of *Bougainvillea X buttiana* which were processed to very small particles using a blender.

Staining cells of *Escherichia coli* with extracts of *Bougainvillea X buttiana*

15 microscope slides were taken and a drop of distilled water put on each of them using a Pasteur pipette. Cells of *Escherichia coli* were picked using applicator sticks from colonies of *Escherichia coli* on a nutrient agar plate and transferred to the drop of distilled water on each microscope slide, mixed, and spread to form smears. The smears were air-dried on a flat horizontal surface on the working bench. The air-dried smears were heat-fixed using a Bunsen burner flame and divided into five groups with each group having three smears. The smears were put on a staining rack. The first, second, third, fourth, and fifth groups were stained with an extract prepared using one gram of air-dried *Bougainvillea X buttiana* bracts and acidified ethanol (50%) for one minute, two minutes, five minutes, 10 minutes and 20 minutes respectively. The staining extract was added from a Pasteur pipette. The smears were rinsed with distilled water, their backs wiped with blotting paper and they were air-dried on a microscope slide drying rack. Immersion oil was added to each smear and they were examined along with the positive and negative controls under the microscope using the immersion oil objective lens. Subsequent smears were prepared and stained following the above procedure. The subsequent smears of *Escherichia coli* were stained with extracts prepared using 1.5 g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%), 5g of *Bougainvillea X buttiana* bracts and 100ml acidified ethanol (50%), 10g of *Bougainvillea X buttiana* bracts and 100ml acidified ethanol (50%) and 10g of *Bougainvillea X buttiana* bracts and 100ml acidified absolute ethanol.

Staining cells of *Staphylococcus aureus* with extracts of *Bougainvillea X buttiana*

15 microscope slides were taken and a drop of distilled water was put on each of them using a Pasteur pipette. Cells of *Staphylococcus aureus* were picked using applicator sticks from colonies of *Staphylococcus aureus* on a nutrient agar plate and transferred to the drop of distilled water on each microscope slide, mixed, and spread to form smears. The smears were air-dried on a flat horizontal surface on the working bench. The air-dried smears were heat-fixed using a Bunsen burner flame and divided into five groups with each group having three smears. The smears were put on a staining rack. The first, second, third, fourth, and fifth group were stained with an extract prepared using one gram of air dried *Bougainvillea X buttiana* bracts and acidified ethanol (50%) for one minute, two minutes, five minutes, 10 minutes, and 20 minutes respectively. The staining extract was added from a Pasteur pipette. The smears were rinsed with distilled water, their backs wiped with blotting paper, and they were air-dried on a microscope slide drying rack. Immersion oil was added to each smear, and they were examined along with the positive and negative controls under the microscope using the immersion oil objective lens. The subsequent smears were stained following the above procedure. The subsequent smears of *Staphylococcus aureus* were stained with extracts prepared using 1.5g of *Bougainvillea X buttiana* bracts and 100ml acidified 50% ethanol, five grams of *Bougainvillea X buttiana* bracts and 100ml acidified 50% ethanol, 10g of *Bougainvillea X buttiana* bracts and 100ml acidified 50% ethanol and 10g of *Bougainvillea X buttiana* bracts and 100ml acidified absolute ethanol.

Staining thick films of human blood with extracts of *Bougainvillea X buttiana*.

15 microscope slides were taken and a drop of whole blood was added to each microscope slide using a Pasteur pipette and spread using the same Pasteur pipette to form thick blood films. The thick blood films were thoroughly air-dried on a flat horizontal surface on the laboratory bench and divided

into five groups with each group having three films. The first, second, third, fourth, and fifth groups of thick blood films were stained with extracts in a Coplin jar prepared using one gram of air-dried bracts of *Bougainvillea X buttiana* bracts and 100 ml of acidified ethanol (50%) for one minute, five minutes, 10 minutes, 20 minutes, and 30 minutes respectively. The stained blood films were rinsed.

Staining thin films of human blood with extracts of *Bougainvillea X buttiana*.

15 microscope slides were taken and thin films of human blood were made by putting a drop of whole blood on one end of each microscope slide using a Pasteur pipette. The thin blood films were made using other microscope slides as spreaders. The films were air-dried on a flat horizontal surface on the laboratory bench and divided into five groups with each group having three films. The air-dried films were fixed using absolute methanol for two minutes. The first, second, third, fourth, and fifth groups of fixed thin blood films were immersed in a Coplin jar containing the extract prepared using one gram of air-dried bracts of *Bougainvillea X buttiana* bracts in 100 ml of acidified ethanol (50%) and left to stain for one minute, five minutes, 10 minutes, 20 minutes and 30 minutes respectively. The stained blood films were rinsed with distilled water and air-dried on a microscope slide drying rack. Immersion oil was added to the stained thin blood films and observed using the immersion oil objective along with both negative and positive control films. Subsequent thin blood films were prepared and stained following the above procedure. The subsequent blood films were stained with extracts prepared using 1.5 g of *Bougainvillea X buttiana* bracts and 100ml acidified ethanol (50%), 5g of *Bougainvillea X buttiana* bracts and 100ml acidified ethanol (50%), 10g of *Bougainvillea X buttiana* bracts and 100ml acidified ethanol (50%) and 10g of *Bougainvillea X buttiana* bracts and 100ml acidified absolute ethanol.

Staining transverse sections of *Amaranthus* species with extracts of *Bougainvillea X buttiana* .

15 microscope slides and made 15 freehand transverse sections of stems of *Amaranthus* species using a razor blade. The sections were divided into five groups with each group having three sections. The first, second, third, fourth, and fifth groups of stem sections were put in a Petri dish containing the extract prepared using acidified ethanol (50%) and one gram of air-dried bracts of *Bougainvillea X buttiana* and left to stain for three minutes, nine minutes, 15 minutes, 21 minutes and 27 minutes respectively. The stained sections were each put on their respectively labeled microscope slide and a small drop of 30% glycerol was applied to each stained section followed by a coverslip. The stained sections were then observed using the X5 and X10 microscope objectives along with the negative and positive control sections. The subsequent transverse sections of stems of *Amaranthus* species were stained following the above procedure. Subsequent transverse sections of *Amaranthus* species were stained with extracts prepared using 1.5 g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%), 5 g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%), 10 g of *Bougainvillea X buttiana* bracts and 100 ml acidified ethanol (50%) and 10 g of *Bougainvillea X buttiana* bracts and 100 ml acidified absolute ethanol.

3 RESULTS AND DISCUSSIONS:

A positive sign (+) was used in the tables to indicate where staining was achieved and a negative sign (–) was used to indicate where staining was not achieved.

4 DISCUSSION

According to staining theory, acidic dyes stain basic components of cells while basic dyes stain acidic components of cells (Cheesebrough *et al.*, 2006). Cells of *Staphylococcus aureus* and *Escherichia coli* did not stain with the acidified ethanol extracts of *Bougainvillea X buttiana*. Bacterial cell walls are negatively charged due to a large number of negatively charged groups on their surface (Talaro *et al.*, 2002) and for that reason, acidic staining solutions cannot penetrate bacterial cells to stain them. Acidic dyes are applied in negative staining of bacteria where they stain the background of bacterial cells (Talaro *et al.*, 2002). In this study, the background of bacterial cells on the microscope glass slides did not stain. This can also be attributed to the methods used in the preparation and staining of smears of *Escherichia coli* and *Staphylococcus aureus* which were different from the standard protocol of negative staining for example rinsing the stained smear with distilled water, a step not done in negative staining.

Table 1. showing the results of staining *Escherichia coli* with extracts prepared using 100 ml of acidified ethanolic solvents of different concentrations and different masses of *Bougainvillea X buttiana* bracts powder.

Specimen	Mass of bracts and volume of solvent used to prepare extracts	Staining duration	Result		
	1 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	1 minute	–		
		1 minute	–		
		1 minute	–		
		2 minutes	–		
		2 minutes	–		
		2 minutes	–		
		5 minutes	–		
		5 minutes	–		
		5 minutes	–		
		10 minutes	–		
		10 minutes	–		
		10 minutes	–		
		20 minutes	–		
		20 minutes	–		
		20 minutes	–		
		1 minute	–		
		1 minute	–		
		1 minute	–		
		2 minutes	–		
		2 minutes	–		
		2 minutes	–		
			1.5 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	5 minutes	–
				5 minutes	–
				5 minutes	–
10 minutes	–				
10 minutes	–				
10 minutes	–				
20 minutes	–				
20 minutes	–				
20 minutes	–				
1 minute	–				
1 minute	–				
1 minute	–				
2 minutes	–				
2 minutes	–				
2 minutes	–				
Escherichia coli	5 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	5 minutes	–		
		5 minutes	–		
		5 minutes	–		
		10 minutes	–		
		10 minutes	–		
		10 minutes	–		
		20 minutes	–		
		20 minutes	–		
		20 minutes	–		
		1 minute	–		
		1 minute	–		
		1 minute	–		
		2 minutes	–		
		2 minutes	–		
		2 minutes	–		
	10 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	5 minutes	–		
		5 minutes	–		
		–	–		
		–	–		
		–	–		
		–	–		

Table 3. showing the results of staining human thick blood films with extracts prepared using 100 ml of acidified ethanolic solvents of different concentrations and different masses of *Bougainvillea X buttiana* bracts powder.

Specimen	Mass of bracts and volume of solvent used to prepare extracts	Staining duration	Result
Thick films of human blood	1 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	1 minute	–
		1 minute	–
		1 minute	–
		5 minutes	–
		5 minutes	–
		5 minutes	–
		10 minutes	–
		10 minutes	–
		10 minutes	–
		20 minutes	–
		20 minutes	–
		20 minutes	–
	1.5 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	30 minutes	–
		30 minutes	–
		30 minutes	–
		1 minute	–
		1 minute	–
		1 minute	–
		5 minutes	–
		5 minutes	–
		5 minutes	–
		10 minutes	–
		10 minutes	–
		10 minutes	–
5 g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	20 minutes	–	
	20 minutes	–	
	20 minutes	–	
	30 minutes	–	
	30 minutes	–	
	30 minutes	–	
	1 minute	–	
	1 minute	–	
	1 minute	–	
	5 minutes	–	
	5 minutes	–	
	10 minutes	–	
	10 minutes	–	
	10 minutes	–	
	20 minutes	–	
	20 minutes	–	
	20 minutes	–	
	10 g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	30 minutes	–
30 minutes		–	
30 minutes		–	
1 minute		–	
1 minute		–	
1 minute		–	
5 minutes		–	
5 minutes		–	
5 minutes		–	

Table 4. showing the results of staining human thin blood films with extracts prepared using 100 ml of acidified ethanolic solvents of different concentrations and different masses of *Bougainvillea X buttiana* bracts powder.

Specimen	Mass of bracts and volume of solvent used to prepare extracts	Staining duration	Result		
	1g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	1 minute	–		
		1 minute	–		
		1 minute	–		
		5 minutes	–		
		5 minutes	–		
		5 minutes	–		
		10 minutes	–		
		10 minutes	–		
		10 minutes	–		
		20 minutes	–		
		20 minutes	–		
		20 minutes	–		
		30 minutes	–		
		30 minutes	–		
		30 minutes	–		
		1 minute	–		
		1 minute	–		
		1 minute	–		
		5 minutes	–		
		5 minutes	–		
		5 minutes	–		
			1.5g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	10 minutes	–
				10 minutes	–
				10 minutes	–
20 minutes	–				
20 minutes	–				
20 minutes	–				
30 minutes	–				
30 minutes	–				
30 minutes	–				
1 minute	–				
1 minute	–				
1 minute	–				
5 minutes	–				
5 minutes	–				
5 minutes	–				
Thin films of human blood	5g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol			10 minutes	–
				10 minutes	–
				10 minutes	–
		20 minutes	–		
		20 minutes	–		
		20 minutes	–		
		20 minutes	–		
		30 minutes	–		
		30 minutes	–		
		30 minutes	–		
		1 minute	–		
		1 minute	–		
		1 minute	–		
		5 minutes	–		
		5 minutes	–		
		5 minutes	–		
			10g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	10 minutes	–
				10 minutes	–
–	–				
–	–				

Table 5. showing the results of staining transverse sections of *Amaranthus* species with extracts prepared using 100 ml of acidified ethanolic solvents of different concentrations and different masses of *Bougainvillea X buttiana* bracts powder.

Specimen	Mass of bracts and volume of solvent used to prepare extracts	Staining duration	Result
Transverse stem sections of <i>Amaranthus</i> species	1g of <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	3 minute	-
		3 minute	-
		3 minute	-
		9 minutes	-
		9 minutes	-
		9 minutes	-
		15 minutes	-
		15 minutes	-
		15 minutes	-
		21 minutes	-
		21 minutes	-
		21 minutes	-
		27 minutes	-
		27 minutes	-
		27 minutes	-
	1.5g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	3 minute	-
		3 minute	-
		3 minute	-
		9 minutes	-
		9 minutes	-
		9 minutes	-
		15 minutes	-
		15 minutes	-
		15 minutes	-
		21 minutes	-
		21 minutes	-
		21 minutes	-
5g <i>Bougainvillea X buttiana</i> bracts powder/ 100 ml of acidified (50%) ethanol	27 minutes	-	
	27 minutes	-	
	27 minutes	-	
	3 minute	+	
	3 minutes	+	
	9 minutes	+	
	9 minutes	+	
	9 minutes	+	
	15 minutes	+	
	15 minutes	+	
	21 minutes	+	
	21 minutes	+	
	21 minutes	+	
	27 minutes	+	
	27 minutes	+	
27 minutes	+		
3 minute	+		
3 minute	+		
3 minute	+		
9 minutes	+		
9 minutes	+		
9 minutes	+		
15 minutes	+		
15 minutes	+		

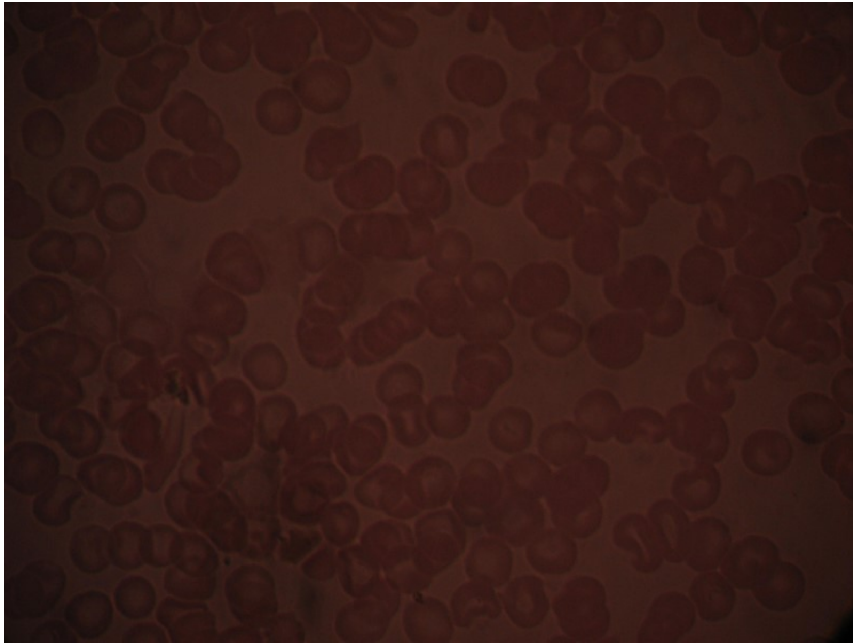


Figure 1. Showing red blood cells in a thin film of human blood stained with *Bougainvillea X buttiana* bract extract

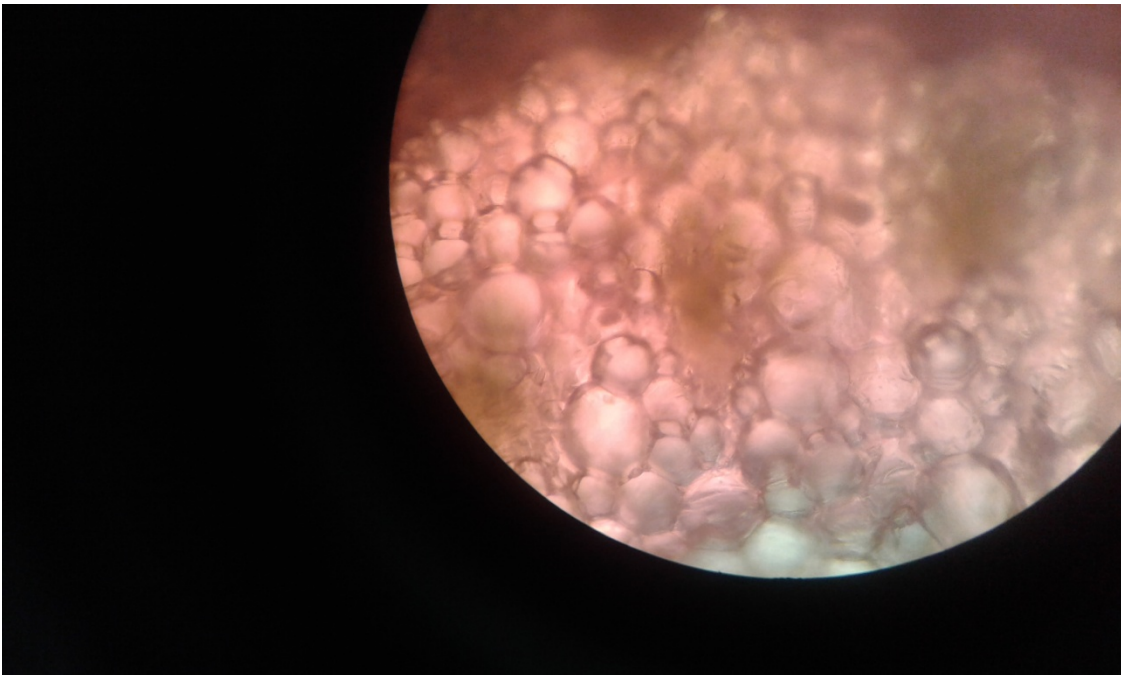


Figure 2. Showing a free hand section of *Amaranthus* species

White blood cells and platelets did not stain with the acidified ethanol extracts of *Bougainvillea X buttiana* bracts. All nuclei of white blood cells did not stain because they are acidic. Granules of neutrophils and basophils are acidic and so they could not stain with acidified ethanol extracts of *Bougainvillea X buttiana*. The cytoplasm of monocytes and lymphocytes are acidic and could not stain with acidified ethanol extracts of *Bougainvillea X buttiana*. Most importantly, failure to stain nuclei made it even harder to see white blood cells and also to scrutinize their features which stain with acidic dyes such as the granules of eosinophils which stain red with the acidic component of Romanowsky stains and the cytoplasm of neutrophils which also stains pale pink with the acidic component of Romanowsky stains (Cheesebrough *et al.*, 2006). Red blood cells stained only with the extract prepared using 10 g of *Bougainvillea X buttiana* bracts powder and 100 ml of acidified absolute ethanol when applied for 20 minutes and 30 minutes. The basic cytoplasm of the red blood cells (Cheesebrough *et al.*, 2006) stained pink making the area of central pallor in red blood cells visible. For the case of stained freehand thin transverse stem sections of *Amaranthus* species using acidified ethanol extracts of *Bougainvillea X buttiana* bracts, only extracts prepared using 5g and 10g of *Bougainvillea X buttiana* bracts powder stained the specimen for all the staining durations which were tested. That is from 3 minutes to 27 minutes. This extract stained the cytoplasm pink. The cells of the cortex region stained lightly and appeared pale while the regions around vascular bundles and peripheral parts of the section stained strongly which is a similar pattern of staining observed by Deepali *et al.*, (2014) when they stained Hibiscus stem sections with extracts of *Bougainvillea glabra*. Cell walls and intercellular spaces were visible and also vascular bundles appeared as tiny groups of colorless or unstained lacunae.

5 CONCLUSIONS AND RECOMMENDATIONS

This study shows that acidified ethanol extracts of *Bougainvillea X buttiana* can be used in laboratory staining procedures to stain cells. Acidified methanol extracts of *Bougainvillea X buttiana* were unsuccessful when applied as simple positive stains for *Staphylococcus aureus* and *Escherichia coli*. In thick films of human blood, granules of eosinophils and cytoplasm of neutrophils appeared not to stain with the extracts. Red blood cells of thin films of human blood stained when extracts prepared with 100 ml of acidified absolute ethanol and 10 g of *Bougainvillea X buttiana* bracts powder were applied for 20 minutes and 30 minutes. Thin free hand sections of stems of *Amaranthus* species stained more successfully compared to other specimens. Effective staining of *Amaranthus* species was achieved when extracts prepared with 100 ml of acidified 50% ethanol and 5 g and 10 g of *Bougainvillea X buttiana* bracts powder and when extracts prepared with 100 ml of acidified absolute ethanol and 10 g *Bougainvillea X buttiana* bracts powder.

Recommendations

- Acidified ethanol extracts of *Bougainvillea X buttiana* should be tried in negative staining technique for *Staphylococcus aureus* and *Escherichia coli* since they did not stain when applied as positive stains.
- A basic dye should be tried along with the acidified ethanol extracts of *Bougainvillea X buttiana* to enhance the vision of granules of eosinophils and cytoplasmic components of neutrophils.
- Stems of *Amaranthus* species should be processed using a histokinette and sectioned using a microtome for better sections which can easily be preserved.
- Giemsa stain should be used to prepare controls of blood films.

Acknowledgement

The efforts of Penyuthi Vonrick are recognized for the assistance he provided during the study. The effort of researchers who did studies in similar fields cannot remain unnoticed in this cause. Last but not least I extend my gratitude to authors, editors and publishers of all those articles and books from where the literature for this study has been reviewed and discussed.

Special thanks to Mr. Kizito Muwonge and Mr. William Muyomba for the good supervisory work during the research project.

I thank the medical editor, Mr. David Serunjogi for having improved this work for publication.

6 References:

1. Cheesebrough, M. (2006). *District laboratory practice in tropical countries* (2nd ed). New York: Cambridge University Press. 36-38, 43, 319-322.
2. Cheesebrough, M. (2009). *District laboratory practice in tropical countries* (2nd ed). New York: Cambridge University Press. 247-248.
3. Deepali, K., Lalita, S., & Deepika, M. (2014). Application of aqueous plant extracts as biological stains. *International journal of scientific and engineering research*, 5(2), 1586–1589.
4. Delgado-Vargas, F., Jimenez, A. R., & Paredes-Lopez, O. (2000). Natural pigments: Carotenoids, anthocyanins, and betalain – characteristics, biosynthesis, processing, and stability. *Critical reviews in food science and nutrition*, 40(3), 173-289.
5. Handa, S. S., Khanuja, S. P. S., Longo, G., & Rakesh, D. D. (Eds.). (2008). *Extraction technologies for medicinal and aromatic plants*. Trieste: United Nations Industrial Development Organization and International Centre for Science and High Technology. p 22.
6. Ihuma, J., Asenge, G., Abioye, K., & Dick, S. (2012). Application of methanolic extracts from *Hibiscus sabdariffa* line as a biological staining agent for some fungal species, *International journal of plant, animal and environmental science*, 2(3), 543-549.
7. Ratna & Padhi, B.S. (2012). Pollution due to synthetic dyes toxicity and carcinogenicity studies and remediation. *International journal of environmental sciences*, 3(3), 940-947.
8. Sabarudin, N. A., Munaim, M. S. A., Ab, Z & Wahid. (2016). Effect of extraction condition of natural dye pigment from *Bougainvillea* flower's bract. *Australian journal of basic and applied sciences*, 10(17), 172-175.
9. Talaro, K. P., & Talaro, A. (2002). *Foundations in microbiology* (4th ed). New York: Mc Graw Hill. 80-82
10. Raheem Esam M. A. Abd-Alhafeez Osman Ibnouf. Osman H. S.Hamza JM. F. (2015). "Using of *Hibiscus Sabdariffa* extract as a natural histological stain of the Skin." *American journal of scientific communication*.